

CRAFT Training for Professionals

Robert J. Meyers, Ph.D., Jane Ellen Smith, Ph.D., Jeff Foote, Ph.D.

The Center for Motivation and Change
Oct 26-28, 2007, New York City

Community Reinforcement and Family Training: Helping Families Get A Loved One Sober As Seen On the HBO Special "Addiction"

When a loved one is abusing substances and refusing to get help, CRAFT can help families learn practical and highly effective ways to move their loved one toward treatment, while simultaneously improving their own lives. Supported by 20 years of clinical research, CRAFT is a comprehensive behavioral program that teaches families to optimize their impact while avoiding confrontation or detachment. CRAFT methods are evidence-based and effective, and provide clients with a hopeful, positive and effective alternative to "Intervention" programs.

This 2 ½ day training for professionals is led by Bob Meyers and Jane Ellen Smith, who developed CRAFT over the last 20 years and have published two books on CRAFT (*Motivating Substance Users to Enter Treatment*, Smith and Meyers; and, *Get Your Lover One Sober*, Meyers and Wolfe).

Therapists will learn to train their clients in the following CRAFT skills:

- employing effective positive communication
- identifying and using positive rewards
- developing a roadmap for understanding their partner's substance use and patterns
- recognizing substance use
- domestic violence precautions
- allowing for the "natural consequences" of use
- inviting a loved one into treatment
- practicing self-care without detachment
- understanding the empirical evidence concerning CRAFT and alternative approaches

Dates: 10/26/07-10/28/07, Friday – Sunday (1/2 day) Cost: \$495/\$395 for students
CE Credits Pending

For information, or to register, please email:

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